

## *Ladies of the Most*



## *Victorious Heart of Jesus*

The Ladies of the Most Victorious Heart of Jesus, a Sororal Order of Catholic Ladies, are committed to making reparation to the Sacred Heart of Jesus, for the sins and abuses of modernism, (the synthesis of all heresies) by means of prayers, good works, sacrifices, educating & promoting the Holy Eucharist & the Holy Sacrifice of the Mass.



# HANDBOOK AND INSTRUCTIONS

EFFECTIVE: A.D. 2021

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## SECTION I: THE ORDER AND ITS NATURE

### Article 1: Origin

The Order was founded on June, in the year of our Lord 2021, Month of the Sacred Heart, by a lay Catholic Lady in the Roman Catholic Archdiocese of Arlington, VA.

### Article 2: Nature and Purpose

The Ladies of the Most Victorious Heart of Jesus is a Sororal Order of Catholic Ladies, who are committed to making reparation to the Sacred Heart of Jesus, for the sins and abuses of modernism, (the synthesis of all heresies) by means of prayers, good works, sacrifices, educating & promoting the Holy Eucharist & the Holy Sacrifice of the Mass.

### Article 3: Our Motto

“Expect the Lord, do manfully, and let thy heart take courage, and wait thou for the Lord.” (Psalm 26:14) for the Victorious Heart of Jesus is our Hope & Love to Whom we desire to love with all our heart, soul, mind and strength!

### Article 4: Three Fields of Battle

The 3 primary fields of battle are the domestic church (the family), the parish, and society at large. The Ladies will start by offering daily reparational prayers and sacrifices at home, and then engage others in the parish and society to do the same. Following Our Lady of Fatima’s call to do penance and pray for sinners. Ladies will also focus on educating themselves by spiritual reading/lectures in order to be prepared for the conversion of souls, and the wellbeing of the family.

### Article 5: Educational Means

Drawing inspiration from early Church Fathers and Saints of the Counter Reformation, who risked their lives to save millions of souls, the Ladies of the Victorious Heart of Jesus must stand firm in proclaiming Catholic Truths. Ladies particular mission is of pray and penance in reparation to the Divine Heart; to pray for the conversion of souls and their life should exemplify sacrifices for the spiritual and educational mission to bring souls into the Mystical Body of Christ; with primary focus of defending the Holy Eucharist and the Mystery of the Holy Sacrifice of the Mass, as it was from the beginning, and was codified as the Mass forever at the Council of Trent. Similar to the parable of the Mustard Seed, we must nurture, strengthen, and grow our knowledge of faith so that God’s graces live in our branches. We have a list of suggested books to get you started:

- 1) Sacred Heart of Jesus by St. John Eudes  
[http://www.liberius.net/livres/The\\_Sacred\\_Heart\\_of\\_Jesus\\_000000344.pdf](http://www.liberius.net/livres/The_Sacred_Heart_of_Jesus_000000344.pdf)
- 2) Life and Kingdom of Christ in Christian Souls by St. John Eudes  
[http://www.liberius.net/livres/The\\_life\\_and\\_kingdom\\_of\\_Jesus\\_000000343.pdf](http://www.liberius.net/livres/The_life_and_kingdom_of_Jesus_000000343.pdf)
- 3) Revelations of St. Gertrude: <http://www.catholictradition.org/Gertrude/revelations8.htm>
- 4) Dialogue of St. Catharine of Sienna: <https://www.catholicplanet.com/ebooks/Dialogue-of-St-Catherine.pdf>

## Article 6: Devotion

The Order's special devotion is to the Most Victorious Heart of our Lord Jesus Christ, an extension of the Most Sacred Heart and His Victory over sin, present in the Holy Eucharist and continued through the Holy Sacrifice of the Mass. We have a booklet of suggested daily reparational prayers that can be prayed for this purpose.

## Article 7: Extra Ecclesiam Nulla Salus

The Order affirms, by the Holy Eucharist and the Holy Sacrifice of the Mass, the Church's teaching, in accordance with St. Thomas Aquinas in *Summa Theologiae*, that outside the Church there is no salvation.

## Article 8: Our Holy Patrons

- **St. Catherine of Sienna**, Born 1347, died April 29, 1380, although the Church traditionally celebrates her feast day on April 30. She is a Doctor of the Church, Dominican tertiary, Scholastic philosopher, theologian, mystic and stigmatist. She received a vision in which she was in a mystical marriage with Christ, and the Infant Christ presented her with a wedding ring. She also lived solely on the Holy Eucharist. Catherine loved the devotion of the Sacred Heart to an extraordinary degree: she made an entire donation of her heart to her divine Spouse and she obtained the Heart of Jesus in exchange; from that time on, she endeavored to live and act only according to the movements and inclinations of the Heart of Jesus.



**Prayer by Saint Catharine:** *“O Lord, grant that my life may be the continual prayer to which every rational creature is bound. This prayer has its origin in love; it is fire and true desire based on charity, which forces the soul to preform all its acts for love of You. Awaken Charity in me, O Lord, so that I may always desire You, and always desiring, continually pray. Let my soul pray always in Your Presence—everywhere, at all times, in everything I do, by the affection of Charity.”*

- **St. Gertrude the Great:** Born January 6, 1232, Died November 17, 1291. Virgin, Mystic, and Benedictine Abbess, was called by Our Lord Himself, "My chosen Lily," and the Church has given her the title of "Great." She is the only woman Saint to have been accorded this honor. There are many great wonders & graces of Gertrude's life, but one of the greatest miracles was the exchange of her heart for Our Lord's Divine Heart. Her heart was on fire with that Divine Love and found many ways in prayers and penance to please the Divine Heart. One year, before the Feast of the Ascension of Our Lord, St. Gertrude, addressing Our Lord's Five Wounds, repeated the following salutation 5466 times: *"Glory be to Thee, most sweet, most gentle, most benign, most noble, most excellent,*

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*effulgent, and ever-peaceful Trinity, for the roseate wounds of my only Love!"* As she repeated this salutation, our Lord Jesus appeared to her, more beautiful than the Angels, bearing golden flowers on each Wound, and saluted her thus, with a serene countenance and the tenderest charity: "Behold in what glory I now appear to you. I will appear in the same manner to you at your death, and will cover all the stains of your sins, and of those also who salute My Wounds with the same devotion."

### **Two Prayers Written by St. Gertrude [1256-1302] to the Sacred Heart of Jesus:**

*"I salute Thee, O Sacred Heart of Jesus, living and vivifying source of eternal life, infinite treasury of the Divinity, ardent furnace of Divine love; Thou art the place of my repose and my refuge. Enkindle in my heart the fire of that ardent love with which Thine own is all inflamed; pour into my heart the great graces of which Thine is the source, and grant that my heart may be so closely united to Thine, that Thy will may be mine, and that my will may be eternally conformed to Thine, since I desire that henceforth Thy holy will may be the rule of all my desires and all my actions. Amen."*

*"Sanctity of the Heart of Jesus, consecrate my heart;  
 Providence of the Heart of Jesus, watch over my heart;  
 Unchangeableness of the Heart of Jesus, strengthen my heart;  
 Purity of the Heart of Jesus, purify my heart;  
 Obedience of the Heart of Jesus, subjugate my heart;  
 Amiability of the Heart of Jesus, make Thyself known to my heart;  
 Divine attractions of the Heart of Jesus, captivate my heart;  
 Riches of the Heart of Jesus, do ye suffice for my heart;  
 Floods of grace and blessing that flow from the Heart of Jesus, inundate my heart.  
 O Heart of Jesus! be Thou my joy, my peace, my repose in this world and in the next.  
 O Heart of Jesus! adored in Heaven, invoked on earth, feared in Hell, reign over all hearts,  
 reign throughout all ages, reign forever in celestial glory. Amen."*

- **St. Bernard of Clairvaux:** Born 1090, Died August 20, 1153, Cistercian monk and mystic, founder and abbot of the abbey of Clairvaux and one of the most influential churchmen of his time. He was an Adviser of popes, preacher of the Second Crusade, defender of the faith, healer of a schism, reformer of a monastic Order, Scripture scholar, theologian, and eloquent preacher. He composed the *Memorare* Prayer to the Blessed Mother and the Hymn *Jesu Dulcis Memoria* which most don't know has 42 verses! It is related in the annals of Clairvaux that St. Bernard asked our lord which was his greatest unrecorded suffering, and our Lord answered: *"I had on my shoulder while I bore my cross on the way of sorrows, a grievous wound which was more painful than the others, and which is not recorded by men. honor this wound with thy devotion, and i will grant thee whatsoever thou dost ask through its virtue and merit. and in regard to all those who shall venerate this wound, I will remit to them all their venial sins, and will no longer remember their mortal sins."*

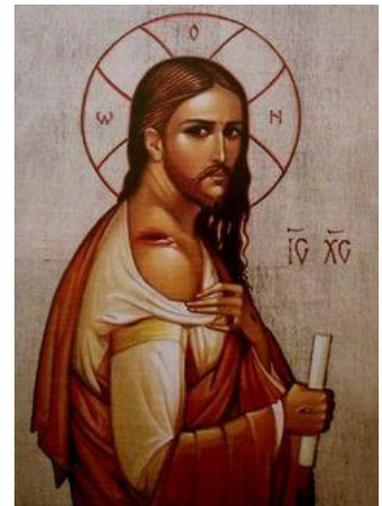


**St. Bernard writes in his book Vitis Mystica, Cap. III this prayer:**

*"O sweetest Jesus, what riches Thou hast stored up in Thy Sacred Heart! Can it be that men are indifferent to the loss which they suffer by the neglect and indifference which they show to this amiable heart? As for me, I will spare no pains to gain It and possess It. Henceforth I will consecrate to It all my thoughts; Its sentiments and desires shall be my sentiments and desires. I will give everything to possess this precious treasure. But what need have I to buy It since It is truly mine? Yes, I say with assurance, the Heart of Jesus is mine, since It belongs to my Head, and does not what belongs to our Head belong also to all His members? Henceforth this Sacred Heart will be both the temple where I shall never cease to adore Him, and the Victim which I shall unceasingly offer to Him; and the altar on which I shall offer my sacrifices, on which the same flames of divine love with which It burns, will consume mine; in the Sacred Heart I shall find a model to regulate all the movements of mine, a source of wealth with which to pay all my debts to divine justice, and an assured place of refuge where I shall be protected from shipwreck and storms. I will say with David: 'I have found my heart to pray to my God' [2 Kgs. 7: 27]; Yes, I have found this Heart in the adorable Eucharist when I have found there the Heart of my Sovereign, of my Friend, of my Brother, that is to say, the Heart of my amiable Redeemer. And after that, who will prevent me from praying with a confidence and obtaining all that I ask? Come, my brethren, let us enter into this amiable Heart never again to go out from It. My God, if we feel such consolation at the bare remembrance of the Sacred Heart, what will it be when we love It with tenderness, what will it be if we enter into It and make our dwelling there always? Draw me completely into Thy Heart, O my amiable Jesus. Open to me this Heart which has so many attractions for me! What! does not this pierced Side leave an entrance open for me, and does not the open wound of this Sacred Heart invite me to enter there?"*

**PRAYER TO CHRIST'S SHOULDER WOUND by St. Bernard**

*O most loving Jesus, meek lamb of God, I, a miserable sinner, salute and worship the most sacred Wound of Thy Shoulder on which Thou didst bear Thy heavy Cross, which so tore Thy flesh and laid bare Thy bones as to inflict on Thee an anguish greater than any other wound of Thy most blessed body. I adore Thee, O Jesus most sorrowful; I praise and glorify Thee, and give Thee thanks for this most sacred and painful Wound, beseeching Thee by that exceeding pain, and by the crushing burden of Thy heavy Cross, to be merciful to me, a sinner, and to forgive me all my mortal and venial sins, and to lead me on toward Heaven along the Way of the Cross. Amen.*



- **St. John Eudes:** Born November 14, 1601, Died August 19, 1680, the great promoter of the devotion to the Sacred Heart of Jesus and the Immaculate Heart of Mary, writing a book on each and the author of the proper for the Mass and Divine Office of the Sacred Hearts of Jesus Christ and the Blessed Virgin. His devotion to the Sacred Heart and to the Immaculate Heart led Pope Pius XI to declare him the father of the liturgical devotion of the Hearts of Jesus and Mary. St. John Eudes also made a solemn offering of himself as a Victim of Love. His book on *Life and Kingdom of Christ in Christian Souls* is a must read for those serious about becoming a true Christian, that is, another Christ.



### Reparation Prayer by St. John Eudes:

*O Most Lovable Jesus, infinitely worthy of all service and love, to whom I owe debts without number, Thou didst create me only to love and serve Thee. Yet I have done scarcely anything but offend Thee by thought, word and deed, by all my bodily senses and spiritual faculties, by my misuse of Thy creatures, against all Thy commandments, in countless different ways. O what sins! What ingratitude! What betrayals! Lord Jesus, I cast all my offenses upon Thy divine love, into the abyss of Thy mercies. Grant that I may be utterly changed into sorrow and contrition, with tears of blood to detest and wipe out the sins I have committed against that immense Goodness, so deserving of love and honor! My God, what is there that I could ever do to make reparation for my sins? But even if I were to suffer all the torments and martyrdom in the world, I still could not of myself alone repair the insult given Thee by even the least of my faults. O Good Jesus, I offer Thee instead all the glory, love and service given Thee by all the saints and Thy most Blessed Mother, by their holy thoughts, words and actions, by holy use of their bodily senses and their spiritual powers, by their eminent virtues and sufferings, in satisfaction for the failures of my lifetime. I offer Thee likewise all the honor given Thee forever by all the angels, by the Holy Spirit, by Thyself, and by the Eternal Father, in reparation for the dishonor I have given Thee all my life. O Heavenly Father, O Holy Spirit, O ye angels and saints, offer up for me, to my Saviour, all the love and glory you ever gave Him, in satisfaction for the wrong I have done Him by my offenses. Miserable sinner that I am, by offending my God I have offended all things. I have offended the Father, the Son, the Holy Ghost, the Mother of God, all the angels and saints, and all creation, for all are concerned and offended in offense to their Creator. How, O my God, how can I make reparation for so many offenses, make satisfaction to so many persons and pay off so many debts? I know what I will do: I have my Jesus who is in Himself an infinite wealth of virtues, merits and good works. He has been given me to be my riches, my virtue, my sanctification, my redemption and reparation. I shall offer Him to the Eternal Father, to the Holy Ghost, to the Blessed Virgin, to all the angels and all the saints in reparation and satisfaction for all the faults I have committed. O Holy Father, O Divine Spirit, I offer all the love and honor that my Jesus gave you by all His divine thoughts, words and actions, by His divine employment of all the members of His body and of His soul, by all His glorious virtues and heroic sufferings, in satisfaction for all the offenses I have committed against you all my life long. O holy Virgin, O holy angels, O blessed saints, I offer you my treasure and my all, my Saviour Jesus Christ. I conjure you to draw upon His infinite storehouse of merit whatever you require in payment and satisfaction for all the debts I owe you, by reason of my sins and negligences. O my Jesus, my divine Redeemer, do Thou make reparation for all my faults, and by Thy very great mercy atone for all my sins committed against the Eternal Father, Thyself the Son, the Holy Spirit, Thy*

*most Blessed Mother, the angels and saints and all persons I have offended. I give myself to Thee to do and suffer in atonement whatsoever may be pleasing to Thy holy will, accepting now all the sufferings of body or spirit that I may have to bear, whether in this world or in the next, in satisfaction for my sins. O most holy Virgin, I have so many obligations to serve and venerate thee; yet I have so little honored and so greatly offended thee by offending thy Son! I beg thy forgiveness, O Mother of Mercy, and I offer Thee in satisfaction all the honor ever accorded thee in heaven and on earth. I implore all the angels and saints, the Holy host, thy Son, and the Eternal Father to supply for my deficiencies, and fill up the measure of glory I ought to have rendered to thee all my life long. Amen.*

#### Article 9: Relations with the Apostolic See

The Order is in full communion with the Apostolic See and the Supreme Pontiff in Rome. We hold in firm belief all the dogmas and doctrines of the One, Holy, Catholic and Apostolic Church. To be clear **we are not sedevacantists, nor are we modernists**. The primary focus of our efforts are in reparation to the Victorious Heart of Jesus and the propagation of the Holy Faith, by which as the Oath Against Modernism by Pope St. Pius X states and to which we agree, that we “firmly embrace and accept each and every definition that has been set forth and declared by the unerring teaching authority of the Church, especially those principal truths which are directly opposed to the errors of this day,” and “ that we shall keep all these articles faithfully, entirely, and sincerely, and guard them inviolate, in no way deviating from them in teaching or in any way in word or in writing.”

Most importantly of which is the immemorial Mass of All Times, as sometimes also called the Traditional Latin Mass or Tridentine Mass as the holy and acceptable public worship of God, as codified by Pope St. Pius V. We will defend all Catholic dogmas in their literal sense as formal objects of “divine and Catholic faith”; and in the providing of sound traditional catechetical instructions for the purpose of promoting the Truths of our Faith for the greater glory of God and the conversion of souls to the Catholic Church, “outside of which there is no salvation” nor the forgiveness of sins.

The members observe holy Catholic obedience to our Holy Father, the Pope of Rome, and his delegated representative, the local ordinary of the Diocese, in all things that are NOT contrary to, or could in any way impede directly or indirectly, the restoration and defense of the immemorial traditions of the Catholic Church and the defense of Catholic dogma.

## **SECTION II: THE PURPOSE AND MISSION OF THE ORDER**

#### Article 10: Prayers and Practices

The mission and purpose of the Ladies of the Victorious Heart of Jesus as already laid out above, but simply put, it is to make reparation to the Victorious Heart of Jesus. This can be accomplished in a myriad of ways but we have some prayers and practices that the Ladies and member candidates are encouraged to adhere to and to follow, (NB: failing to do any of the prayers/practices are not binding under mortal sin):

- Pray reparational prayers daily. There is a booklet put together with suggested prayers. The whole booklet does not need to be prayed in a single day, but it is required to pray some sort of reparational prayer daily to the Sacred Heart of Jesus.
- Receive the Blessed Sacrament kneeling and on the tongue, in reparation for those “that do not believe, do not adore, do not hope and do not love” Jesus in the Holy Eucharist.
- Attend the Holy Tridentine Mass of the Roman Rite for Holy Days of Obligation.
- Receive Holy Communion, or make a spiritual communion if unable to receive the Blessed Sacrament, daily.
- Recite the Leonine Prayers, of Pope Leo XIII, after every Holy Mass.
- Make a good confession weekly.
- Pray before the Blessed Sacrament, as an act of adoration and reparation, exposed or veiled in the tabernacle, weekly.
- Pray the Holy Rosary of the Blessed Virgin Mary daily.
- Pray the Little Office of the Blessed Virgin Mary, or another acceptable Divine Office, daily; Prime and Compline are required.
- Dedicate 30 minutes daily for spiritual reading.
- Devote 15 minutes daily for meditation on Divine truth and mysteries. A good meditation on the Joyful, Sorrowful, or Glorious mysteries, while praying the Holy Rosary, will fulfill the devotion.
- Offer your daily labor, with a special intention, as an oblation and act of penance to God.
- Work on being Consecrated to the Blessed Virgin Mary through the method set down by St. Louis de Montfort.
- Be enrolled in Our Lady’s Mantle, the Blessed Brown Scapular.
- Confess a vow of chastity to the Immaculate Mother of God and Sacred Heart.
- Partially abstain from meat for all Wednesdays, as the day that Judas betrayed our Lord Jesus Christ. If this is not possible, some other sacrifice is acceptable.
- Abstain from meat for all Fridays, as the day that the Lord gave his Flesh and Blood for the forgiveness of sins.
- Partially abstain from meat for all Saturdays, as the day that the Blessed Virgin Mary maintained the Faith. . If this is not possible, some other sacrifice is acceptable.
- Adhere to all requirements to partially abstain, abstain, and fast for major Feast Days, Ember Days, and Rogation Days.
- Adhere to the traditional rules, by St. Thomas Aquinas, for Lent.
- Participate in any conferences or retreats for the Ladies as able to do.
- Pray for your fellow Ladies in the order.
- Be an active member by communicating with other Ladies as best we can in this crazy world for encouragement and to grow in charity with our fellow Ladies. We will be trying to set up a communication email soon. A Facebook page has been started and other ideas a welcome.
- Encouraged to wear the Victorious Heart of Jesus ring as an outward reminder to make reparation and adoration to Jesus.

## SECTION III: THE MEMBERS & GOVERNMENT OF THE ORDER

### Article 11: Application Process

A prospect lady who is in good standing in her Faith can submit the application form, along with the required documents and \$25 fee, (which covers the membership application and the Sacred Heart Ring). It is to be sent via mail to Miss Alexandra Clark at 940 Apple Jack Circle, Linden, VA 22642, USA or it can be scanned and emailed, with the fee being paid via Paypal to oraetlaborapermaria@live.com.

After review, the candidate will be contacted with a letter of acceptance via email. A handbook will be sent along with the reparational prayerbook via email, unless there is a special request that it be printed and sent via mail. Once a lady has received this email of acceptance, she has officially joined. Candidate will be sent a beautiful Sacred Heart ring, that will serve as a daily reminder to make loving reparation to the Victorious Heart of Jesus. It is adjustable so there is no worry of size. We ask that you take it to your priest and have him bless it. It is not required to wear but highly encouraged.

After the one-year postulancy, there may be a solemn ceremony of profession as a Lady of the Victorious Heart of Jesus.

### Article 12: First Lady and Current Leader of the Order

The Order is composed of various ladies from all over the globe, but currently as we are just forming and growing, we have the First Lady, Miss Alexandra Clark, who is also the founder, to serve as the leader until further growth of the order and an election can be conducted.

### Article 13: Different Offices, Levels or Branches

As of this year, we are still under formation so there are no levels, offices or other branches as of yet for the ladies. We hope to have some as we grow. Some ladies may provide services useful to the mission and other ideas can blossom as well.

**“May the Pure Love of God reign and Burn in our Hearts!”  
Victorious Heart of Jesus, we love you, have mercy on us!**